

A Study of the Book of Ephesians

Sunday, September 18, 2016
Lesson 1
Chapter 1:1-14

Introduction

1. Find information from other places in scripture about Ephesus, the people of Ephesus, and the church at Ephesus. _____

2. Who is the author? _____
3. What is the date of this writing? _____
4. Please read the Book of Ephesians in advance of this study. Here is a suggested reading assignment schedule:
 - a. Thursday, September 15, 2016 read Ephesians 1-2
 - b. Friday, September 16, 2016 read Ephesians 3-4
 - c. Saturday, September 17, 2016 read Ephesians 5-6

The Opening Greeting (1:1-2)

1. Paul identifies himself as an _____ by the _____ of God.
2. What terms does Paul use to identify the Ephesians? _____

3. Where is the grace and peace that Paul greets them with to be found? _____

4. Paul refers to God as our _____.

Blessings in Christ (1:3-14)

1. What does it mean to declare God to be “blessed”? _____

2. Paul says that God has blessed us with every spiritual blessing in the _____ places in _____. He then goes on to list some of those blessings.
3. In verses 1-14 how many times is Jesus referenced? _____
4. List the spiritual blessings that Paul enumerates:
 - a. He _____ us in Him before the foundation of the world.
 - b. We can be _____ and without _____ before Him in love.
 - c. We are _____ to the adoption as _____.
 - d. He made us _____ in the Beloved.
 - e. _____ through His blood.
 - i. The _____ of sins.
 - ii. The riches of His _____.
 - f. Knowledge of the _____ of His will.
 - g. Obtained an _____.
 - h. Predestined according to the _____ of Him.
 - i. Trusted in and heard the truth, the gospel of your _____.
 - j. _____ with the Holy Spirit of promise.
 - k. Have a _____ of our inheritance.

Discussion Questions:

1. What is the importance of realizing our identity in Christ (saints, faithful, in Christ, children of God)?
2. How can we have God’s grace and peace in our daily lives?
3. What can we learn from the repetitive emphasis on Jesus in verses 1-14?
4. What does it mean to be “predestined”?
5. What value is there in enumerating these spiritual blessings (counting your blessings)?
6. How is our inheritance guaranteed?